

Tiferet Writing & Yoga Retreat

The Voice of Silence

Saturday, November 5, 2016 • 9:00am-4:00pm

Offered by Tiferet Journal

This unique workshop provides you with:

a day to put aside obligations and distractions to focus on YOU! This retreat is so much more than a writing and yoga workshop. A nourishing lunch is included.

- ☼ Silence is an active participant in the writing process. Moments of silence are actually portals of opportunity, spaces in which ideas pour through.
- ☼ Gather with like-minded creatives in a beautiful space in the woods of Bernardsville, New Jersey. During our time together you will experience firsthand the wisdom made available through silence and stillness by way of mindful yoga exercises, still postures, and writing prompts.
- ☼ Fee for full day and lunch is \$85.00.

To register, visit <http://www.tiferetjournal.com/Writing> Workshop 2016
Call 908-872-1775 • Email: editors@tiferetjournal.com

Presenters



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